



Since 1994

**Marathwada Mitra Mandal's**  
**INSTITUTE OF MANAGEMENT EDUCATION RESEARCH AND TRAINING**  
**(MM's IMERT), Pune**

**1. No. 18, Plot No. 5/3, CT5 No. 205, Behind Vandevi Temple, Karvenagar, Pune – 411052**



3.2.2 Number of workshops/seminars/conferences during Year 2019-20.

Sr. No	Name of workshops/seminars/conferences
1	Online Workshop for MBA II students "Building confidence in Times of Uncertainty".
2	Online Workshop for MBA Finance students Commodity Derivatives Market
3	Online Workshop on:- Post Lockdown Job Opportunities



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3.2.2 Number of workshops/seminars/conferences including programs conducted on Research Methodology, Intellectual Property Rights (IPR) and entrepreneurship during the year 2019-20.

Online Workshop for MBA II students  
“Building confidence in Times of  
Uncertainty”.



AY: 2019-2020

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REPORT OF FACULTY DEVELOPMENT PROGRAMME OF 18/05/2020

Marathwada Mitra Mandal's IMERT Pune organised Faculty Development Programme for MM group faculty members on 18<sup>th</sup> May 2020, from 11:00 AM to 1:00 PM. To build up the morale of faculty members by reducing the fear and opening doors of opportunity through positive thinking, the theme of FDP was *"Building confidence in Times of Uncertainty"*.



The poster features the IMERT Pune logo on the left and a NAAC A+ accreditation badge on the right. The central text reads: MARATHWADA MITRA MANDAL'S INSTITUTE OF MANAGEMENT EDUCATION RESEARCH AND TRAINING. Below this, three speakers are listed with their photos: Mr. Jai Naidu (Management Consultant), Mrs. Tanuja Koshy (Certified Yoga Trainer), and Mrs. Anupama Naidu (Certified Yoga & Wellness Expert). The theme of the FDP is highlighted in a large, bold font: "Building confidence in Times of Uncertainty". At the bottom, the date and time are given: On 18<sup>th</sup> May 2020 11.00 AM to 01.00 PM.

Dr. Uttam Sapate, Professor, MM's IMERT welcomed and introduced the speakers and trainers of the FDP Mr Jay Naidu, Mrs Anupama Naidu and Ms Tanuja Koshy.

Mr Jay Naidu, a trainer, Management Consultant and Psychologist, guided the faculty members about the current situation of Covid-19 pandemic. What world has faced earlier during world war III, during earthquake and during Tsunami situations, how people recovered from it due to high morale. How lockdown has compelled individual to think differently and explore the potential within him/her. He discussed about the opportunities post Covid-19 and challenges to be faced by faculty members.

Mrs Anupama Naidu Yoga trainer, guided faculty members about the state of mind during happiness, anger and anxiety. We all have to maintain health and hygiene of mind and keep mind healthy in all situations of life. She explained the importance of meditation to keep mind healthy.



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Yoga as therapy for healing of mind and body. Breathing can make the difference and relax your mind and energise your body and keep us fit.

Ms Tanuja Koshy Yoga Trainer and Art of Living Teacher demonstrated the exercise of yoga in practical form. Exercises for eyes and neck for relaxation were demonstrated to release stress in these body parts caused due to excess use of electronic equipment's like mobile, laptop, TV etc. during lockdown. She taught faculty members "Bhastrika", a fast breathing technique to increase immunity of the body system and release harmful toxins from body. "Kapalbhati" another breathing technique was taught to improve functioning of kidney and liver, enhance blood circulation and digestion. She provided experience to faculty members of guided meditation to reduce stress and develop concentration. The chanting of "Oam" mantra, refreshes mind with positive energy and increase calmness. Most of these exercises can be done while seated in the chair during free time from work.



There were more than 120 registrations and actual participation was about 75 faculty members from MM group institutes. The FDP was conducted online through zoom platform. Online registrations and provisioning of participation certificates were automated through Google Forms. Dr. Rupendra Gaikwad proposed vote of thanks to the guest speakers and management of Marathwada Mitra Mandal.

Prepared by : Faculty Prof Aparna Shastri

Reviewed by : IQAC Coordinator Dr Rupendra Gaikwad

Approved by : Incharge Director Dr. Jitendra Bhandari



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Online Workshop for MBA Finance students Commodity Derivatives Market.



AY: 2020

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**REPORT OF WEBINAR FOR MBA FINANCE STUDENTS**

Marathwada Mitra Mandal's IMERT Pune in association with NCDEX Institute of Commodity Markets and Research (NICR), organised webinar for MBA finance students on 11<sup>th</sup> June 2020 (Thursday), from 11:00 AM to 1:00 PM. To create awareness about commodities markets and provide insight in to its functioning to finance specialization students NICR offered to conduct the webinar titled as "**Commodity Derivatives Market**".

In the Two-hour webinar session, trainers covered;

- Introduction-Commodities, Global Scenario, Domestic scenario, Physical market, Exchange structures, Usefulness for farmers/FPOs
- Derivatives & Price risk Management-Managing Price Risk through Commodity Derivatives Exchange covering Basic principles of Hedging, Speculation and Arbitrage
- Commodity Exchanges-Functioning and Regulation of Exchange covering Warehousing, Deliveries and eNWR

Trainers from NICR conducted the webinar on CISCO Webex platform. Online registrations and provisioning of participation certificates was all managed by Mr. Ram Gopal Yadav, Deputy Manager, NICR. There were more than 100 registrations however only 40 students participated in the programme. Participation certificate was provided by NICR to the students. Dr. Uttam Sapate, Professor, IMERT proposed vote of thanks to the guest speaker and students.



Prepared by : Faculty Dr. Uttam Sapate

Reviewed by : IQAC Coordinator Dr Rupendra Gaikwad

Approved by : Incharge Director Dr. Jitendra Bhandari



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Online Workshop on: - “Post Lockdown  
Job Opportunities”



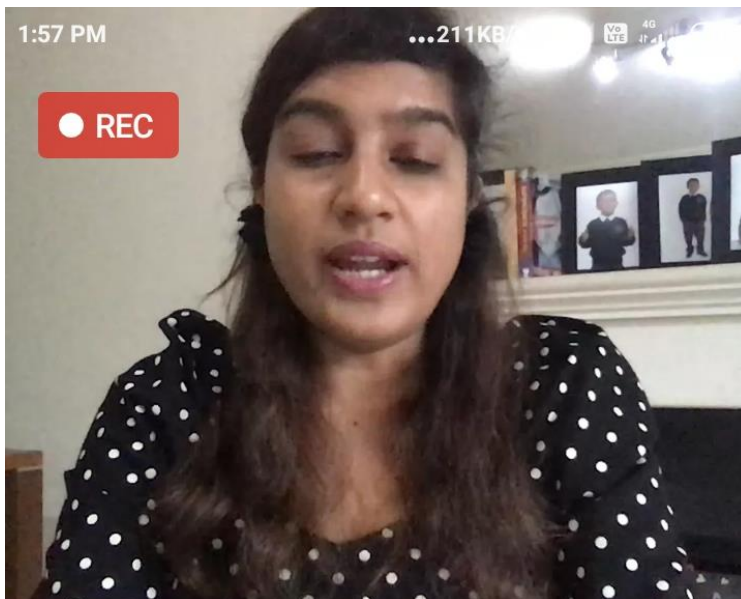


## ONLINE WORKSHOP ON POST LOCKDOWN JOB OPPORTUNITIES

Speaker:- Mugdha Kowale, Founder & CEO H2R Management Solutions.

Following points were discussed in the webinar:-

- Sectors open for jobs opportunities.
- New ways of recruitment, Interview and how to prepare for new normal.
- Decision Making for job offer selection post lock down.
- Possible job opportunities available post lock down.
- Change management of Career with Goalsetting.
- Real time case study examples.



Event organized by HR Dept., coordinated by Prof. Vivekanand Gaikwad, anchored by Prof. Aparna Shastri, Vote of Thanks: - Dr. Jitendra Bhandari, Incharge Director- IMERT  
Participants: - MBA First year and MBA-HR Sem-4

Prepared by : Faculty Prof. Vivekanand Gaikwad

Reviewed by : IQAC Coordinator Dr Rupendra Gaikwad

Approved by : Incharge Director Dr. Jitendra Bhandari